



Asquith Mixed Probud Club BULLETIN

President: John Channon
Vice President Elect: John Davies
Secretary: Pam Slater
Treasurer: Yenda Holland
Dianne Watson, Vicki McPherson,
Denise Mayhew, Mary Potter,
Jim & Judy Thompson Barry
Willick Sandra Death, Rhonda
Wilson.

Hi AMPC Members

I imagine everyone is looking forward to Monday 11 October, when everyone who is double vaxed, can get out and about once again!

It has been a long haul for all of us and hopefully we will be back to our monthly meetings at the Golf Club in the not too distant future.

Take care and enjoy your freedom.

Sylvia Gratton
Bulletin Editor.



Meeting Dates

Zoom Meeting 10.30am

Thurs 7 October 2021

Thurs 3 November hopefully at Asquith Golf Club but unknown at the moment.

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<http://www.asquithmixedprobus.org.au>

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Bulletin: Editor: Sylvia Gratton

☎ Mob: -

Asquith Mixed Probud Club Inc.

The Secretary AMPC, 9 Warruga

Crescent, Berowra Heights 2082

Formed by the Rotary Club of Berowra on
2 October 2008.

Club No: 9003799

District: 9685 PD3 Inc. No.: 9890687

Bendigo Bank details for deposits.

BSB No: 633-000 Account No.: 139 637 029

PRIVACY: In accordance with the Privacy Act 1988 and recommendation from Probud South Pacific, this newsletter is private and confidential for members of Asquith Mixed Probud Club use only and is not to be used for any other purpose.

Treasurer's Report as at 1 September 2021

Income received for year to date	\$7,315	
Offset by expenses of	<u>\$5,294</u>	
Year to date surplus balance		\$ 2,021
 Add previous year's surplus of		 <u>\$ 9,881</u>
Gives an overall member surplus of		<u><u>\$11,902</u></u>
 This surplus consists of cash of		 \$11,519
Less liabilities – mainly activities paid in advance		<u>\$ -383</u>
Total member equity		<u><u>\$11,902</u></u>

Yenda Holland

6 September 2021



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We've seen this with the letters out of order, but this is the first time we've seen it with numbers.

Good example of a Brain Study: If you can read this OUT LOUD you have a strong mind. And better than that: Alzheimer's is a long long way down the road before it ever gets anywhere near you!

7H15 M3554G3
53RV35 7O PRoV3
HoW oUR M1ND5 C4N
Do 4M4Z1NG 7H1NG5!
1MPR3551V3 7H1NG5!

1N 7H3 B3G1NN1NG
17 WA5 H4RD BU7
NoW, oN 7H15 LIN3
YoUR M1ND 1S
R34D1NG 17 4U7oM471C4LLY
W17HoU7 3V3N
7H1NK1NG 4BoU7 17,

B3 PROUD! oNLY
C3R741N P3oPL3 C4N
R3AD 7H15!

ACTIVITIES CANCELLED UNTIL FURTHER NOTICE, DUE TO COVID LOCKDOWN.

Men's Group	Robert Allison	Dolls	Barbara Williamson
Auditor	Robert Allison	5 th Thursday BBQ	Lance Williamson
Books DVD, Jigsaw	Sunny Dougall & Robert Montgomery	Mah-jong	Pam Clarke
		Theatres	Rhonda Wilson
Dining out	Vicki McPherson	Auditor	Robert Allison
Cards 500	Mary Glasby 9482 8114	Walks	Laurie Keaton
Pot Luck Meals	Anne Heaton	Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Sandra Lees
Assist. Tours/Excurs.	Trish Taylor	Assist. Tours/Excurs.	Lula Andersen

AMPC COMMITTEE MEMBERS 2021-22

AMPC Committee Members		Phone	Email
President	John Channon		
Vice-President			
Elect	John Davies		
Secretary	Pam Slater		
Treasurer	Yenda Holland		
	Committee		
Bulletin	Sylvia Gratton		
Hospitality	Vicki McPherson		
Membership	Barry Willick		
Programme	Mary Potter		
Tours/Excursions	Jim & Judy Thompson		
Welfare	Denise Mayhew		
Assistant Secretary	Sandra Death		
Assistant Treasurer	Dianne Watson		
Historian/Public Officer	Sandra Death		

WELFARE REPORT

Flo Campton is a patient in Sydney Adventist Hospital and has been for some weeks. Flo is able to take phone calls and I know she would appreciate hearing from members, but please keep your phone calls to a quick 'hello, how are you'. A card was sent to Flo on behalf of all members and committee.

Noelene Oliver is now at home having spent time in Hornsby Hospital and also some rehabilitation at Mt Wilga. Noelene is very happy to be back in her own home and I know her husband John is equally as happy to have her home as well. Noelene asked me to pass on her "thank you" for the cards and good wishes that were sent her way.

Wal Gamble spent time in hospital, for surgery after suffering a cardiac incident, after which he also spent at Mt Wilga for rehabilitation. When I spoke with Wal he was full of cheek and really happy to be going home the next day. I recently phoned Wal's wife Jenny, who tells me he's doing really well and has had a good report from his Cardiologist.

I was able to reach Jan Wilson, who despite still recovering from recent facial surgery, was playing nurse to her daughter, who had undergone a recent tonsillectomy. Jan is now back at home trying to get her much loved garden in order minus the weeds which have taken over. Jan will be seeing her specialist again in 4 weeks time, for her final visit (she hopes).

I can feel excitement in the air with regard to some of the Covid restrictions being lifted, let's hope it's not too much longer before we get to meet and speak with one another 'face to face'.

Happy Birthday to everyone celebrating his or her special day

Denise Mayhew



HOW TO GET YOUR COVID-19 VACCINATION CERTIFICATE

As Gladys has said we will probably be opening up from lockdown on either 11 October or 18 October we should all get ready for how life will change for us.

In order to access Probus club activities, supermarkets, cafes and restaurants, clothing shops, cinemas and Asquith Golf Club you will need to show proof that you have been double vaccinated. To do this you will be asked to show your Vaccination Status Certificate which is issued through Services Australia (i.e. Medicare).

If you already have a “myGov” account you should ensure it is connected to “Medicare” and then you can view your Covid Immunisation History in a PDF format. You can then download this to your phone or just print out a hard copy to be used as proof when out and about.

If you don’t have a “myGov” account you can create your “myGov” account at my.gov.au. Then you can link Medicare using either your Medicare card number or a linking code issued by Medicare.

If you don’t have a computer or printer at home you can either ask your family members for help or you can make an appointment at Medicare/Centrelink in Hornsby (Tel: 132468) and they will help you create your “my Gov” account and print out your Vaccination Status Certificate for you.

Once you have your Vaccination Status Certificate either on your phone or as a hard copy you are now **READY TO GET OUT AND ENJOY LIFE AGAIN.**

SPEAKERS

An interesting talk was given at our September meeting by Ian Thompson. The topic was QUACKERY - A BRIEF HISTORY OF THE WORST WAYS TO CURE EVERYTHING. It was an historical look at quackery from the middle ages to current time and the treatments that these medical-peddlers offered.

Next month our speaker will be Richard Whitaker. He will be speaking about fires in general and then two big fires near the Sydney area: the Eastern Seaboard Fires December 1993/January 1993 and the Gospers Mountain fire October 2019 to January 2020.

Mary Potter

ACTIVITIES JIM & JUDY THOMPSON

"Due to COVID there are no activities scheduled. Let us hope for a better 2022".

Regards

Jim Thompson

HOSPITALITY/DINING OUT.

Hello everyone

As you probably have deduced this picnic will not be going ahead which is a shame. We will (and I'm being very positive here) be having our Christmas lunch in December. The numbers allowed in the Golf Club may, and probably will be, limited so if you would like to attend please email me. Remember you will need to be double vaccinated to enter the club.

I do believe that once NSW reaches 70% fully vaccinated up to 20 people will be able to gather outdoors provided they are fully vaccinated, see below

"Gatherings

Up to five visitors will be allowed in a home where all adults are vaccinated (not including children 12 and under)

Up to 20 fully vaccinated people will be allowed to gather in outdoor settings"

so, once this happens maybe we can do a 'bring your own' picnic down to Bobbin Head (or indeed somewhere else, I'm open to suggestions) If you're interested in doing this let me know so we can limit it to the 20 fully vaccinated.

Keep well, get vaccinated and I look forward to seeing you soon

Vicki



Theatre Parties

Great News for the Arts Industry that Theatres are opening up 🎭❤️🎭🎭.

Hamilton

Our members had a choice of a refund or exchanging tickets for a December performance. The majority are keeping their fingers crossed to attend a real life performance.

Moulin Rouge the Musical -Providing Daniel behaves and lets us in, 12 people are looking forward to kicking their heels up in Melbourne at the beginning of February.

All other shows have been put off until 2022.

Take care and keep safe



Walks

Walks **might** resume later this month under previously advised Road Map Plans.

John is investigating the feasibility of conducting the activity previously planned and cancelled.

We do have a couple of local activities which are possible if Daviston is not possible.

Members are advised:

- Participation requires double vaccination status – proof of which must be carried with you.
- The maximum number permitted under the road map is 20 for outdoor activities.
- Larger numbers will only be possible when community sport activities resume. Currently there are no advertised possible dates.
- You will need to re-register an expression of interest in Daviston or alternative activity which may be evening with social gathering. Registration to ljkeaton@bigpond.com.

Your Lead is John Britten who meets us at Woy Woy.

Where: Kincumber Macca's to Davistown RSL Oct 28 **Maximum 20**

What: A scenic bus tour (included on your \$2.50 opal fare) followed by a picturesque walk along Kincumber Broadwater. Medium distance on flat formed paths.

Travel: Hornsby 09.24 Central coast Train Plat 5. 09.33 Berowra. Arr Woy Woy 10.01.

Marshalls are Wendy and Paul at Hornsby (??). Laurie at Berowra.

Ferry from Davistown Costs \$4.20 with your concession card.

Ferry departs 14.25 Arr Woy Woy. 1450 Train at 1512 Berowra 1542

Hornsby 1552

Lunch: Davistown RSL at your own cost.

November 25: Evening Walk and Social Gathering TBA.

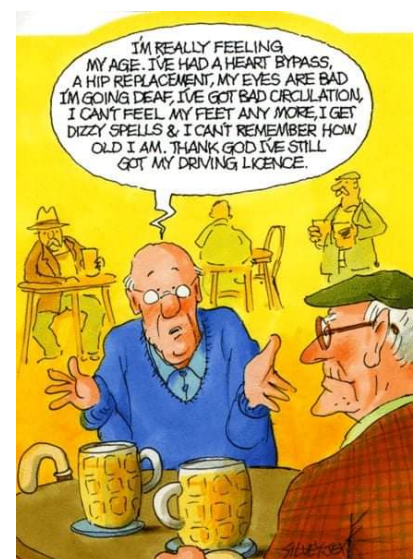
MEN'S GROUP NOW MEETING ON ZOOM. SAME LINK AS GENERAL MEETING.

PSPL District 3 Zoom Meeting

PSPL District 9685 group 3 Information Zoom meeting 21st Sept., 2021, 37 in attendance.

Suggestions arising from the meeting being used at other clubs.

- 1: - Invite new members to the committee meetings so they can see how the club is managed.
- 2: - A couple of clubs have a tech group to discuss how to use Computers, Pads and Phones.
- 3: - Some clubs have developed a Register of fully vaccination members to avoid problems when on bus tours and dining together.
- 4: - We have the right to run our club as we want it to be run especially on vaccination issues.
- 5: - The club has a duty of care and must consider the health of all members.
- 6: - PSPL indicated that membership is expected to drop overall by 10%. PSPL has a range of promotional material available for use by clubs.



COMMON SENSE OBITUARY

Contributed by Don Keene, Mandurah Regional Branch

The following was broadcast on the Allan Symons Radio Show

Today we mourn the passing of a beloved old friend, **Common Sense**, who had been with us for many years. No one knows for sure how old he was, since his birth records were long ago lost in bureaucratic red tape. He will be remembered as having cultivated such valuable lessons as: Knowing when to come in out of the rain; Why the early bird gets the worm; Life isn't always fair; and Maybe it was my fault.

Common Sense lived by simple, sound financial policies (Don't spend more than you earn) and reliable strategies (Adults are in charge, not children). **Common Sense** deteriorated noticeably when churches became businesses; and when criminals received better treatment than their victims. **Common Sense** took a beating when you couldn't defend yourself from a burglar in your own home...and the burglar could sue you for assault. **Common Sense** finally lost the will to live when ill-informed and ill-mannered anti-lockdown protesters took to the streets, with violence and bloody mindedness directed toward the very people and policies set in place to keep them safe.

Common Sense was pre-deceased by his parents, **Truth and Trust**, by his wife, **Discretion**, by his daughter, **Responsibility** and by his son, **Reason**.

He is survived by his five stepchildren; I Know My Rights, I Want It Now, Someone Else Is To Blame, I'm A Victim and Pay Me For Doing Nothing.

Not many attended the funeral...so few realised he had gone. If you still remember **Common Sense**, please spare a thought for him...now and then.

And something I think we can all relate to...

I needed to do a load of washing, but realized I was out of washing powder. I went to write a shopping list and realized how disorganised the junk drawer was as I started checking pens for ink.

When I went to toss all the junk (from the drawer) I saw that the kitchen tidy was full. Before I took it out I decided to get rid of all the old food in the fridge, that's when I discovered the carton of juice had leaked and needed to be cleaned up but, when I went to get a rag I saw the linen cupboard was a mess so I started organizing it.

And that my friends is how I ended up on the floor, looking at my old photo albums and not doing the washing.

What if instead of 'falling behind', this group of lockdown kids are actually ahead? Hear me out...

What if they have more empathy, enjoy family connection, can be more creative and entertain themselves, love to read, love to express themselves in writing?

What if they enjoy the simple things, like their own garden and sitting near a window in the quiet? What if they notice the birds and the dates the different flowers emerge, and the calming renewal of a gentle rain shower?

What if this generation are the ones to learn to cook, organise their space, do their laundry and keep a well-run home?

What if they learn to ride a bike, play a board game, do simple crafts, learn to bake, climb a tree, play without a screen?

What if they learn to understand the value of money, what's important and how to live with less? What if they learn to plan shopping trips and meals at home?

What if they learn the value of eating together as a family and finding the good to share in the small delights of the everyday?

What if they learn to just be: to be resilient, to be content?

What if they are the ones to place great value on our teachers and educational professionals, librarians, public servants and the previously invisible essential support workers?

What if, among these children, a great leader emerges who had the benefit of a slower pace and a simpler life to truly learn what really matters in this life?

What if they are AHEAD?

MADE WITH
Photo Editor

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